

# MIRTHILLA NATURAL

"MIRTHILLA NATURAL" is a sterile solution for ophthalmic use with physiological pH, dispensed in a multi dose bottle of 10 ml.

The main action of the device is to lubricate and moisturize the ocular surface, thanks to sodium hyaluronate and hypromellose.

"MIRTHILLA NATURAL" is indicated to relieve redness, fatigue, discomfort and dry eye. Sodium hyaluronate is used for its moisturising and lubricating action, which counteracts dry eyes and creates a film that protects the corneal endothelium from environmental agents. Hypromellose is a polymer with muco-mimetic properties which stabilize the tear film on the surface of the cornea by creating a protective, transparent and viscoelastic shield.

Sodium hyaluronate is a molecule that is already naturally present in the human body where constant lubrication is needed (such as cartilage, skin, tear film) and therefore bio-compatible. This lubricant, together with Hypromellose, offers an intense and long-lasting moisture on the ocular surface.

The lubricants attract and retain water from the environment and form a lubricating shield on the surface of the eye. As this viscous shield releases water progressively, "MIRTHILLA NATURAL" provides a prolonged hydration of the eyes.

In addition, "MIRTHILLA NATURAL" contains sodium chloride and borate buffer to guarantee physiological solution and distilled waters of Chamomile, Aloe, Hip Rose and Blueberry to ensure moisturizing action.

"MIRTHILLA NATURAL" does not contain preservatives or phosphate buffers.

"MIRTHILLA NATURAL" is compatible with contact lenses.

## INTENDED USE

"MIRTHILLA NATURAL" acts a moisturizing and lubricant action on the ocular surface, relieving redness, fatigue and discomfort of the eyes and ocular mucosa caused by environmental factors

(wind, smoke, pollution, prolonged exposure to sunlight, sea salt and water) and prolonged use of the computer, it also acts against dry eye syndrome.

- It also ensures relief from ophthalmic stress due to the use of contact lenses and surgery at ocular surface level.
- In addition, the eye drops have an optimal viscosity that makes the device especially useful to facilitate the application or removal of contact lenses, avoiding troublesome eye redness phenomena, above all in adults in which an imbalance of the tear film can more easily occur.

## COMPOSITION

0,2% Hyaluronic acid sodium salt, 0,2% Hypromellose, Hip Rose (*Rosa canina*) distilled water, Aloe (*Aloe barbadensis Miller*) distilled water, Chamomile (*Chamomilla recutita*) distilled water, Blueberry (*Vaccinium myrtillus*) distilled water, Boric Acid, Sodium Tetraborate Decahydrate, Sodium Chloride, Water for injections.

## INSTRUCTION FOR USE

- Wash and dry your hands thoroughly before use;
- Tear off the tamper-evident seal before the first administration;
- Remove the protective cap;
- Press the container and instill 2/3 drops in each eye; No more than 10 doses (2-3 drops per eye) should be applied per day;
- Wait a few seconds after each drop without squeezing the bottle. This will enable enough air to flow back into the sterile air filter system, otherwise it is more difficult to get the drops out;
- The gradual emptying of the bottle may be associated with the need to exert a higher pressure to allow the delivery of the product. This is due to the properties of the closure system act to preserve the sterility and the chemical and physical characteristics of preservative free solutions. A small quantity of solution also always remains in the bottle;
- If you think that you have missed the eye, then insert another drop;
- Repeat the process for the other eye, if required;
- Shake off the remaining drop from the tip after use;
- After use close immediately the bottle with the cap;
- Do not put the protection cap back on when the container is still squeezed;
- Do not touch the applicator tip with anything, including your eye or your fingers;
- The product can be used up to 3 months after first opening;
- "MIRTHILLA NATURAL" can be used with contact lenses.

## WARNINGS AND PRECAUTIONS

- The product contains the following CMR substances in concentrations above 0.1% w/w: boric acid and sodium tetraborate decahydrate. The product is not suitable for children, pregnant and breastfeeding women.
- Vision may be temporarily blurred. Minor burning/stinging/irritation may temporarily occur as a result of eye irritation. If any of these effects persist or worsen, tell your doctor immediately.
- Product is for ophthalmic use only;
- Product is for single patient use;

- Do not use the product if container is damaged or not perfectly closed when you open it for the first time;
- Do not use if are visible particles and/or changes in the color of the solution;
- During application, do not touch eye or any other surface with the container's dispensing edge;
- Do not use the product after the expiry date indicated on the package;
- In case of side effects during use, interrupt the treatment and consult a doctor;
- Do not use in case of known incompatibility towards any of the ingredients and/or in case you are allergic to Asteraceae plants and/or Liliaceae plants and/or Ericaceae plants and/or Rosaceae plants;
- No interactions with drugs or other eye drops are reported; however, leave at least 15 minutes between administrations of any other eye drops;
- Dispose of the product according to your local waste management regulations;
- Keep out of the reach and sight of children;
- For external use, do not swallow;
- Do not try to tamper or disassemble the nozzle from the bottle;
- It is necessary to report any serious incident occurred in relation to the device to the manufacturer and the Competent authority of the Member state in which you are established.

## SIDE EFFECTS

No undesirable side-effects are known so far.

## STORAGE CONDITIONS

Do not store above 30°C.

After the first opening the content must be used within 3 months.

## PACKAGING

One bottle of 10 ml of sterile solution preservative free.

## VALIDITY

See the expiry date reported on the box and on the container.



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